



Variety Abilities Unleashed Kids

A fun and inclusive day connecting children with disabilities to local sport and active recreation opportunities.

Wednesday 15 May, 2024
10 am - 1 pm
Copper Coast Sports & Leisure Centre, 1 Doswell Terrace, Kadina SA 5554

Click here
or scan the
QR code
to register:



Contact: abilitiesunleashed@sports.org.au | +61 2 8736 1221





Variety Abilities Unleashed Kids is a national initiative by Disability Sports Australia focused on promoting active pathways for people with disabilities.

These days mark the start in the active journey of children living with disabilities. Each event aims to motivate and enable participants to discover local sport and active recreation opportunities in a fun, safe, and inclusive environment.

The program provides a platform for local inclusive program and disability service providers to collaborate and connect to children with disabilities in their area.

Benefits of attending the day:

- physical and mental health benefits of exercise
- social wellbeing, friendships, and community connection
- strengthening balance, coordination and mobility skills
- teamwork, collaboration and planning
- increased self-esteem through a sense of achievement

Disability Sports Australia (DSA) is a National Sporting Organisation and charity whose mission is to enable more Australians with disabilities to be more active, more often.



Donate now to make sports and active recreation accessible for all!



Volunteer with DSA!
sports.org.au/volunteer

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